



# *Inside Out:*

*The Newsletter of the Jackson Community Church*  
Vol. XXII, No.7

Summer 2023

Serving Our Church  
Members & Friends  
In Jackson, NH  
And beyond!



July was the month when we meditated on liberation and freedom. Summer is that season when we feel set loose to explore and renew.

As I was reminded at the national Synod of the UCC, "None of us are free, until all of us are free." Here are a few questions to ponder over the next several weeks. Who needs more support and alliance in order to achieve full access to freedom? What does civil freedom promise us?

What does spiritual freedom look like? What must be present in our society to sustain freedom and to advance it? Where must our own nation continue to grow to provide full freedom to all of its residents?

Of course, Rev. Bill Briggs brought you his perspective the first two Sundays of July. His focus always includes social justice; enjoy his stories and messages!

Many of us are making summer pilgrimages, journeys, and trips ... some to faraway places, some to destinations within ourselves. Some are for healing. Some are for learning. Some are for letting go. Some are for work. Some are for play. Some are for respite. Some are for reconnecting. Some are for saying goodbye. Some are for fun. Some are for creativity. Some are for seeking. Some are simply to bring us home again, full of deeper appreciation for what awaits us in this corner of the world.

In our spiritual journeys this season, may we become comfortable and 'at home' with ourselves. May we have compassion for our own and each others' flaws and shortcomings, and confidence that we are all fully beloved children of God.

May we also expand our understanding of who is our neighbor and what 'home' means to us. Whether we are traveling or close to home, we can bear witness to human suffering and struggle. It is everywhere. So is humanity's resilient response, in every place, with compassion and creativity.

As the prophet Isaiah, whom we have been reading the past month, says, *"Is not this the fast that I choose: to loose the bonds of injustice, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover them and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly."* These words call us to consider whom our neighbors and kindred may be. Please note that how we support at-risk folks doesn't require putting ourselves in danger or crossing boundaries (unless we have jobs that prepare us for such work). Yet it might include rethinking how we direct our attention and compassion and where we put our resources to make a difference in the lives of vulnerable neighbors. Jesus restated this principle quite eloquently when he said, *"Truly I tell you, just as you did it to one of the least of these brothers and sisters of mine, you did it to me."*

Meanwhile, enjoy 'home' whether you remain nearby for the summer or return after colorful journeys. Also remain open to what it means to be 'at home' with yourself.

Savor these words from poet and theologian Jan Richardson. What phrases resonate for you? What speaks to you? Find a gift within her writing that helps you perceive home in a new and different way.

Blessings! — Rev Gail Doktor

A handwritten signature in cursive script, appearing to read "Gail".

**The Map You Make Yourself — *Jan Richardson***

You have looked  
at so many doors  
with longing,  
wondering if your life  
lay on the other side.

For today,  
choose the door  
that opens  
to the inside.

Travel the most ancient way  
of all:  
the path that leads you  
to the center  
of your life.

No map  
but the one  
you make yourself.

No provision  
but what you already carry  
and the grace that comes  
to those who walk  
the pilgrim's way.

Speak this blessing  
as you set out  
and watch how  
your rhythm slows,  
the cadence of the road  
drawing you into the pace  
that is your own.

Eat when hungry.  
Rest when tired.  
Listen to your dreaming.  
Welcome detours  
as doors deeper in.

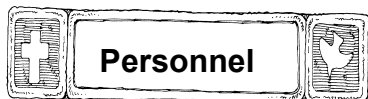
Pray for protection.  
Ask for the guidance you need.  
Offer gladness  
for the gifts that come  
and then  
let them go.

Do not expect  
to return  
by the same road.  
Home is always  
by another way  
and you will know it  
not by the light  
that waits for you

but by the star  
that blazes inside you  
telling you  
where you are  
is holy  
and you are welcome  
here.



## Jackson Community Church



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Sharon Novak Music

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Jan Chernick Treasurer

### Church Council

The Church Council meets once a month on the 2nd Wednesday at 7:00pm. All Church members are welcome to attend. The council is made up of the Moderator, Pastor and all committee representatives. The next council meeting will be held via Zoom on Wednesday, September 13th at 7pm.

### Newsletter Deadline

The deadline for submitting news and articles for the September newsletter will be Thursday August 24th. Items can be mailed to PO Box 381, Jackson, NH 03846 or emailed to:  
jcchurch@jacksoncommunitychurch.org

## Church Family News and Prayers



*Happy  
Anniversary*

Aug 1: Linda Gray  
Aug 9: Jean Melczarek  
Aug 13: Peter Benson  
Aug 26: Bob Carper  
Aug 28: Colleen Allbee  
Aug 30: Nora Miller

Aug 9: Jim and Linda Hastings  
Aug 20: Tom and Cheryl Pizor

*If you would like a special anniversary or birthday mentioned in the newsletter please let us know by sending an email to the office. In order to protect your privacy, we do NOT use the church records for these announcements and will only include them if you send it in!*

wishing  
you   
ALL THE BEST

This summer we are saying goodbye and farewell to long time church members and friends: Roy Lundquist and Joan and Paul Palubniak.

Roy will be residing closer to his children in Acton, Mass. Joan and Paul are moving back to Connecticut.

We will miss Roy, Joan and Paul and wish them the best in their next adventures. May we all stay in touch.



Rev. Gail continues to help members of the church and community with pastoral visits, phone calls or by remote video. If you're aware of someone who might benefit from a bowl of homemade soup and a visit, please let her know.

## HISTORIC TRIANGLE SERVICE

### Sunday August 20th 8am

Join us as we gather where the first church in Jackson: a Free Will Baptist Church built in 1803 was located. The Historic Triangle is located at the corner of Black Mountain Road and Wilson Road in Jackson.

Please bring a chair to enjoy commemorative blessings with poetry, song and reflection.

Light refreshments may be served.



### Coffee Fellowship

#### Looking for Volunteers to Host Coffee Hour

Are you available to host a coffee hour this summer? We know that folks enjoy getting to connect and chat briefly after the service. Can you commit to a Sunday or two to assist? We have simplified the process with a Keurig coffee machine and electric tea kettle. Paper products are provided to make clean up easier. There is a supply box with snacks - crackers, cookies, etc. You may choose to bring fruit or baked goods if you wish, but it's not necessary. Just arrive at church 15 - 20 minutes early to set up.

Please help us continue this tradition. Contact the church office to schedule or call or email Cheryl Pizor - 383-6050, [cherylpizor@gmail.com](mailto:cherylpizor@gmail.com) with any questions.



#### Free Fitness Classes on Tuesdays and Fridays

Laurie McAleer offers a free weekly exercise classes at the church. Classes are held on Tuesday and Friday mornings at 9:30am.

All are welcome to participate.

# MAKING A DIFFERENCE ... locally and internationally



## Mission Group

Are you passionate about a cause that is either international or local? Bring your ideas and positive energy to the Mission Team. The Mission Group is always excited when new members and

friends are interested in seeing what they are accomplishing.

Current members are Linda Hastings, Jeanette Heidmann, Kit Griffin, Meg Phillips, Claire Mallette Sue Carrigan and Gloria Hutchings.



In June the Mission Team held a month long collection highlighting United Church of Christ's program One Great Hour of Sharing. One Great Hour of Sharing channels resources for international programs in health, education and agricultural development, emergency relief, refugee ministries, and both international and domestic disaster responses.

This years OGHS theme was **It's Time To Share** and with your generosity along with the Mission Team we were able to contribute \$391 to this worthy cause. Thank you!!

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## Are you in need of food assistance or do you know someone who is?

The Bartlett Jackson Food Pantry is accessible to all and no proof of need is required. The Mission Team is looking to reach out to those in need.



**Feeding the Community**

Location: 9 Dundee Road, Intervale  
Open: 1st and 3rd Saturday each month 10am—12 noon

The Mission Team sends a big thank you for all the donations in the basket in the narthex. Many of the items went to the Way Station and others to the Bartlett/Jackson Food Pantry. **A reminder**, while thoughtful, please do not leave perishables in the donation basket. Perishables can be dropped off directly to the food pantry on the 1st and 3rd Saturday each month.

In addition, this past month the church received two donations of \$25. Hannaford gift certificates as a thank you from a couple who recently moved to the MWV. The gift certificates were to thank and honor Norman Head and J Town Deli and to be used to help with our food programs. The Mission Team chose to forward the gift certificates to the Way Station to help those who are in need from food insecurities.



## **SAVE THE DATE!!**

Saturday September 16, 2023, 8:00 AM-noon  
Jen's Friends Cranmore Climb Against Cancer at Cranmore

### **WHY?**

Jen's Friends gives 100% of monies raised to MWV cancer patients to help defray costs incurred during treatment such as groceries, utility bills, gas cards, mortgage, rent, taxes, specialty items for cancer patients, etc., expenses not covered by insurance. All volunteer run!

### **WHO STARTED THIS?**

Jen Hill's friends and family supported her financially through cancer treatment and she requested it was to be shared with other cancer patients 26 years ago.

### **WHAT IS JCC DOING?**

We have a team! Our goal is 15 walkers, raising \$2000.00 We hope to exceed both!

### **WHAT IF I CAN'T OR WILL BE AWAY?**

No problem! You can ride the chairlift up, down, or both, for free! Watch Jean Limmer dancers at the summit. Enjoy a free lunch, music, silent auction. Or you can donate to our team, "JCC Jen's Friends" and solicit friends, neighbors and family to donate to our team.

### **HOW DO I DONATE OR REGISTER FOR OUR JCC TEAM?**

Use this link: [DONATE/REGISTER](https://jensfriends.salsalabs.org/jensfriendsclimb2023/p/claire?donate=true) or  
<https://jensfriends.salsalabs.org/jensfriendsclimb2023/p/claire?donate=true>

Or...use a donation envelope at church, to: Jen's Friends Climb Against Cancer for checks,  
Memo: JCC Team, Jen's friends Climb Against Cancer.

On envelope for checks or cash write: JCC Team, Jen's Friends.

Put in donation house or plate in Narthex.

### **HOW DO I HONOR A LOVED ONE?**

Info forthcoming about ordering a sign that will be posted along the route with "In Support of" or "In memory of."

To learn more about this organization go to: ***Jensfriends.org***

### **For Team JCC Contact**

Email:

Claire Mallette at

[claire\\_mallette@yahoo.com](mailto:claire_mallette@yahoo.com)

or text

508 494 4827



## Ongoing Mission Support



### Working on houses and talkin about Jesus

The journey of Mike and Joyce Scott with  
Samaritans Purse

Hello People!!!

Please pray that Mike and I can get over to Montpelier VT to help with the flooding even if for just a day here or there! Like all our summer times at home, we are PACKED with everything we need to do while we are home and we have a number of obligations we can't break...yet, this is the closest disaster to our home since we have begun this mission and we both feel incredibly called to contribute!!! These are OUR people!!!! :(

God will lead us one day at a time though and we are trusting in Him!!!

God bless!!!

Shalom,

Blessings to all!

Shalom Shalom,

Joyce and Mike Scott

### July Newsletter

Workin on Houses

Talkin Bout Jesus

Joyce will be joining us at the Jackson Community Church on Sunday August 27th.



### THE WAY STATION is in NEED OF FOOD ITEMS,

- Hearty soups, stews, canned spaghetti, canned tuna/chicken. (Pop tops please)
- Energy bars, fruit drink boxes, fruit cups, peanut butter, shelf stable milk  
Wrapped crackers and small raisin boxes.

Items can be left in the pantry box in the church entryway.

For monetary donations for the Way Station contact Jeanette Heidmann or send to the Way Station at PO Box 1888, North Conway 03860.



# alzheimer's association®

There are many causes, near to our hearts which those in our community support. One of them is the fight against Alzheimers. Several of the walkers on our Eagle's Rest team have lost loved ones to this disease which is still working toward its first survivor. That's why we walk – to raise monies for research, for education, and for encouragement to those who are plagued with this disease and for their caregivers hoping for a better future.

Planning ahead: Past participants of this walk have selected Oct 14<sup>th</sup> for this year's event. Although we are using the Greater Portland Walk site to register and record donations, we will be walking locally at Great Glen and maybe indulging in lunch afterward at the Glen house, depending on the tourist traffic.

We welcome new participants to the event. Join our Eagle's Rest team, walk with us, or donate to one of the registered walkers. Once you register, others can contribute toward your walk goal. Show your support for finding the solution enabling the first survivor of this horrible disease.

To register please go to. [Eagle's Rest Alzheimer's walk](#)

Thanks, and spread the word. It will take more than one of us to stop this disease, but one is a start.

Jeanette Heidmann – Former caregiver to husband Steve, who died in 2018 from Alzheimers. Feel free to call with questions: 603-733-7733



## Steeple Light

The Steeple Light will be lit in the month of August to honor long time church members and friends Joan and Paul Palubniak as they continue their journey and safe travels back to Connecticut.

If you would like the steeple lit in memory or in honor of a loved one, family member, friend or organization, please mail your request along with a donation to:

Jackson Community Church  
Attn: Steeple Lighting  
PO Box 381  
Jackson NH 03846







## JACKSON-BARTLETT GRIEF GROUP

Now that we've met a few times, and received feedback, we will formally split meetings into two distinct grief groups. Each group will begin by meeting once a month. Some participants may have experienced both kinds of loss, and can choose where it is most meaningful to participate .

Note that a few DATES have changed.

**CHILD LOSS GROUP:** Will meet once per month. Specifically for household who has experienced the death of a child of any age (minor or adult). Currently we're using the 1pm, Wednesday time slot. Upcoming dates: *1pm on Wed, Aug 16, Sept 13.*

**PARTNER/SPOUSE & ADULT FAMILY MEMBER LOSS:** Will meet once per month. This group will focus on partner/spouse loss, although it is also a safe place for those experiencing loss of a parent or other adult relation. Currently we're using the 1pm, Wednesday time slot at old red library in Jackson. Upcoming dates: *1pm on Wed, Aug 23, Sept 27.*

At this point, new participants are welcome through word-of-mouth or referrals. We'll meet as consistently as possible. You don't have to attend every session. On the other hand, knowing that folks will gather helps make sure the group can be present to support each other. *If you cannot make an upcoming gathering, please let **email or text** to let the group know: [gaildokter@mac.com](mailto:gaildokter@mac.com), cell: 978.273.0308.* We will offer each group as long as the community need continues.

Both groups are free, and open to the community. Rev. Gail Doktor, trained as a hospice chaplain, will facilitate. Pass along this info to anyone whom you know, who might need such a support network. We're operating word of mouth and enews only. One caution: if a family is newly-bereaved (the death happened within the past 6 weeks), it's usually too soon to attend this group. After about 6 weeks, such gatherings can be more beneficial (based on best practices of hospice-facilitated grief groups).

Questions should be directed by text or voicemail to Rev Gail's cell: 9078.273.0308.

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Recently Linda Hastings shared cookies during Fellowship Hour and they were a hit. There were a few requests for the recipe below.



### Cake Mix Cookies

1 15oz. box of cake mix  
2 large eggs  
1/3 cup canola oil  
Stir to combine.  
Scoop 1 ½ Tbl. Dough onto lined cookie sheet  
Bake 350 10 to 12 minutes until lightly golden around the bottom

Linda used lemon cake mix and they were VERY good. Chocolate is also good.

## Did you know....



The **Charitable IRA Rollover**, also known as a **Qualified Charitable Disbursement (QED)** allows Americans age 70 ½ and older to make gifts to one or more nonprofit organizations (such as Jackson Community Church) without federal tax penalty, by simply requesting a transfer of IRA assets from the plan administrator directly to your charities.

Gifts can be made up to \$100,000 annually and count towards the owner's Required Minimum Distribution (RMD) for individuals age 72 and older. QCDs from pre-tax IRAs are still a tax-savvy giving strategy in 2021 if you are between age 70 ½ and 72, even though RMDs are not required until age 72.

Consult your tax advisor for the best advice. This is a very painless and tax-advantaged way to support JCC and other favorite charities!



### Have you considered naming Jackson Community Church in your estate plans?

Everyone has the capacity to leave a legacy – large or small – to the organizations that they care about most. There are many simple ways you can make a lasting gift to the church. JCC can be named as a beneficiary in your will, IRA, or charitable trust. Charitable Gift Annuities are available through the United Church of Christ that will provide you with income for life, a tax deduction, and a substantial gift to the church in the future.

Jackson Community Church is fortunate to have several trust funds that were given by generous church members in the past. We rely on the income from these funds to help balance our budget each year. But we could do much more if we had the resources.

Won't you consider leaving a legacy to JCC for future generations? Please let us know if you would like confidential information about these options.

*"Giving liberates the soul of the giver" – Maya Angelou*

### Inside Out Address Changes, News Updates, Thoughts and Prayers



*We strive to keep our church family, near and far, connected through this newsletter. We would love to hear from you!! Please send us information about yourself or other members of our church community, thoughts and prayers, and notices of pertinent community events. Please also let us know if your address has changed, or if you wish to be removed from the mailing list. Send any correspondence or changes to Jackson Community Church, Attn. Newsletter Editor, PO Box 381, 127*

Name: \_\_\_\_\_

Street address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

Email: \_\_\_\_\_ telephone: \_\_\_\_\_

Thoughts/Prayers: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_