

# Holy Week

## Palm Sunday

*The people of Jerusalem welcomed King Jesus to their city with palm branches.*



- Put the blessed palm you get at Mass today in a place of honour in your house.

## Monday

*When they got to the top of the hill the soldiers roughly tore off Jesus' clothes.*

- Thank God for your clothes and put them away neatly when you go to bed. 35

## Tuesday

*They laid Jesus on the cross and nailed his hands and feet to it.*

- Look at your hands and imagine nails in them. Thank Jesus for all He suffered. 36

## Wednesday

*The soldiers lifted the cross so that Jesus was hanging from the nails in his hands and feet.*

- Kneel in front of a crucifix and pray an 'Our Father.' 37

## Holy Thursday

*Jesus told the disciples at the Last Supper, "Love one another as I have loved you."*

- Think of someone who hurt or offended you. Forgive that person. 38

## Good Friday

*Jesus died on the cross.*

- Look at a crucifix for two minutes and think of how much Jesus loves you. 39



## Holy Saturday

*Our Lady's day*

- Sit quietly for one minute and think how Mary felt after Jesus died. 40



# Lenten Calendar for Children

